



*Long Island Cheer*  
**ABSENT REQUEST FORM**



**ATHLETE INFORMATION**

**ATHLETE NAME** \_\_\_\_\_ **PARENT NAME** \_\_\_\_\_

**DATE SUBMITTED** \_\_\_\_\_ (must be minimum 2 weeks prior to date missing)

**PHONE NUMBER (C)** \_\_\_\_\_ **(H)** \_\_\_\_\_

**DATE MISSING PRACTICE** \_\_\_\_\_

**REASON FOR MISSING PRACTICE** \_\_\_\_\_

**PARENT SIGNATURE** \_\_\_\_\_