26/27 FALL–SPRING TUMBLE CLASSES

L.I. Cheer

Register on the parent portal at www.longislandcheer.com

MONDAY

6:00–6:45 PM	Flyer Flex
6:00–7:00 PM	Tumble Foundations
7:00–8:00 PM	Layouts
7:00–8:00 PM	Twists

TUESDAY

6:00–6:45 PM	Tumble Stars (Ages 3–5)
6:00–7:00 PM	Walkovers
7:00–8:00 PM	Intro to Handsprings
8:00–9:00 PM	Layouts

WEDNESDAY

6:00–6:45 PM	Tumble Stars (Ages 3–5)
6:00–7:00 PM	Tucks
7:00–8:00 PM	High School Handsprings
8:00–9:00 PM	Intro to Tumble

THURSDAY

7:00–8:00 PM	Advanced Handsprings
7:00–8:00 PM	Tumble Foundations
8:00–9:00 PM	Twists
8:00–9:00 PM	Tucks

FRIDAY

6:00–6:45 PM	Flyer Flex
6:00–7:00 PM	Advanced Handsprings
6:00–7:00 PM	Intro to Tumble (Ages 10–17)
6:00–7:00 PM	Layouts
6:00–7:00 PM	Tumble Foundations
7:00–8:00 PM	Intro to Handsprings
7:00–8:00 PM	Tucks
7:00–8:00 PM	Twists
7:00–8:00 PM	Walkovers

SATURDAY

9:00–10:00 AM	Intro to Handsprings
9:15–10:00 AM	Tumble Stars (Ages 3–5)
10:00–11:00 AM	Walkovers
10:00–11:00 AM	Advanced Twists
11:00 AM–12:00 PM	Layouts
11:00 AM–12:00 PM	Tumble Foundations
12:00–1:00 PM	Intro to Handsprings
12:00–1:00 PM	Tucks
1:00–2:00 PM	Advanced Handsprings

☆ OPEN GYMS ☆

$30

- Friday 8:00–9:30 PM
- Saturday 2:00–3:30 PM

☆ PRICING ☆

- ☆ 1-Hour Classes – $95/month
- ☆ 45-Minute Classes – $80/month
- ☆ 2nd Class Is 50% Off
- ☆ $45 annual registration fee